

# VIRTUAL SYMPOSIUM PROGRAM

*SURVIVORSHIP – SURVIVING AND THRIVING IN THE SHADOW OF CANCER*

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January 28, 2021  
NRG Oncology Winter 2021 Virtual Meeting



**GOG** FOUNDATION®  
Transforming the standard of care

Sponsored by the GOG Foundation, Inc.

# CME CREDIT INFORMATION



## Accreditation Statement

The GOG Foundation, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education for physicians.

## AMA PRA Category 1 Credits™

The GOG Foundation, Inc. designates this live activity for a maximum of **2 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## The GOG Foundation Inc. Continuing Medical Education (CME) Program Mission Statement

The purpose of The GOG Foundation, Inc. CME program is to provide and promote an infrastructure dedicated to enhancing the knowledge base of meeting participants and guests centered on the development, execution, analysis and application of GOG-supported clinical trials. To that end, the CME Program engages in these discussions member researchers and invited clinicians committed to reducing the risk and improving outcomes for women at risk for or afflicted with a gynecologic malignancy.

## Instructions for Claiming CME Credits NEW!

To receive CME credit hours or an Attendance Certificate for the NRG Oncology meeting, or CE (Nursing) credit hours for selected sessions, registered attendees are required to submit a CME/CE Evaluation. AFTER you have attended ALL sessions intended, please select button labeled CME/CE to complete Evaluation Forms on the virtual attendee hub.

Please allow 4 weeks to receive your certificate. Certificates will be sent to the email you used to register.

For questions please email: [cmeinfo@gog.org](mailto:cmeinfo@gog.org).

## Disclosure Information

In compliance with ACCME regulations, The GOG Foundation, Inc., as the accredited provider of this activity, must ensure that anyone in a position to control the content of the educational activity has disclosed all relevant financial relationships with any commercial interest. All reported conflicts are managed by a designated official to ensure a bias-free presentation. Please see the faculty disclosure on page 2 of this program for detailed information.

For questions or comments about this CME activity, please contact :

Michelle N. Small, Director, Education Programs and CME Compliance of The GOG Foundation, Inc. at: [msmall@gog.org](mailto:msmall@gog.org)

## TABLE OF CONTENTS

CME Credit Information.....	1
Faculty Disclosure List.....	2
Program Description/Learning Objectives.....	3
Program Agenda.....	4
Faculty Listing.....	5
Presentation Information.....	6
Faculty Bios .....	7
Save the Date for Session 2 flyer.....	10

## Faculty Disclosure Information

### The GOG Foundation, Inc.

#### Virtual Symposium, "Survivorship – Surviving and Thriving in the Shadow of Cancer" - January 28, 2021

In accordance with the ACCME Accreditation Criteria, The GOG Foundation, Inc. as the accredited provider of this activity must ensure that anyone in a position to control the content of the educational activity has disclosed all relevant financial relationships with any commercial interest. Members of the Program Committee were required to disclose all financial relationships and speakers were required to disclose any financial relationship as it pertains to the content of the presentations. The ACCME defines a "commercial interest" as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interests. "Relevant" financial relationships are financial transactions (in any amount) occurring within the past 12 months that may create a conflict of interest.

All program committee members and speakers were contacted and the conflicts listed below have been managed to our satisfaction. However, if you perceive a bias during a session, please report the circumstances on the session evaluation form.

Please note we have advised the speakers that it is their responsibility to disclose at the start of their presentation if they will be describing the use of a device, product, or drug that is not FDA approved or the off-label use of an approved device, product, or drug or unapproved usage.

The requirement for disclosure is not intended to imply any impropriety of such relationships, but simply to identify such relationships through full disclosure, and to allow the audience to form its own judgments regarding the presentation.

NAME	NOTHING TO DISCLOSE	DISCLOSURE
<b>Speakers/Moderators</b>		
Susan Bitting, MSN, RN	X	
Heidi Donovan, PhD, RN	X	
Diane Rose	X	
Emly S. Tonorezos, MD	X	
Steven Waggoner, MD		Consulting Fee; Regeneron, Member; DSMB
Kristine Zanotti, MD	X	
<b>Planning Committee Members</b>		
Steven Waggoner, MD		Consulting Fee; Regeneron, Member; DSMB
Heidi Donovan, PhD, RN	X	
Ronald Alvarez, MD		Consultant/Honorarium: Unleash Ad Board/Honorarium: Vaccitech; Genentech; AbbVie; Eisai DSMB Consultant/Honorarium: Papivax
Michelle Small	X	



## PROGRAM DESCRIPTION, LEARNING OBJECTIVES

Virtual Symposium, “Survivorship – Surviving and Thriving in the Shadow of Cancer” - January 28, 2021

### PROGRAM DESCRIPTION:

**Program Co-Chairs: Steven Waggoner, MD and Heidi Donovan, PhD, RN**

The Winter 2021 GOG Foundation, Inc. Educational Symposium is titled “Survivorship – Surviving and Thriving in the Shadow of Cancer” with noted Oncologists and Scientists serving as speakers and moderators. The targeted audiences are members and non-members of the NRG research teams to include: Gynecologic Oncologists, Medical Oncologists, Radiation Oncologists, Pathologists, Patient Advocates and others engaged in oncology research and/or clinical practice; Oncology Nurses, Nurse-practitioners, and other interested Allied Health professionals.

The speakers will focus their presentations on understanding the physical, emotional, and social needs of cancer survivors and their caregivers. Participants will learn how to implement best practices to address those concerns. Participants will better appreciate the financial consequences of cancer treatment and survivorship. Concerns of women at high risk of cancer (previvors) will be discussed. Strategies to aid in developing a multidisciplinary survivorship program will be shared.

### LEARNING OBJECTIVES:

**Following this activity, participants will be better able to:**

- Discuss the importance of addressing the physical, psychological and financial impacts of cancer across the survivorship trajectory.
- Invite discussion of the impact of survivorship on family, and social network.
- Discuss common survivorship concerns in gynecologic cancer and emerging data on best management practices

# Winter 2021 Virtual Symposium

Program Chairs: Co-Chairs: Steven Waggoner, MD and Heidi Donovan, PhD, RN

Session 1: Thursday January 28, 2021 4:00 pm – 6:05 pm (Eastern Time)		
Time	Topic	Speaker/Moderator
4:00 – 4:05	Welcome & Survivorship Symposium Overview	Steven Waggoner, MD & Heidi Donovan, PhD, RN
4:05 – 4:15	Cancer Survivorship – A Brief History	Steve Waggoner, MD
4:15 – 4:30	Surviving and Thriving with Cancer	Susan Bitting, MSN, RN
4:30 – 5:40	Programs to Support Families Facing Cancer	Moderator: Steven Waggoner, MD
4:30 – 4:50	Previvorship: Identifying and supporting women at high risk	Diane Rose
4:50 – 5:10	Developing a Gynecologic Oncology Survivorship Program	Kristine Zanotti, MD
5:10 – 5:30	Supporting Families – Cancer Reaches Beyond the Patient, So Should Cancer Care	Heidi Donovan, PhD, RN
5:30 – 5:40	Panel Discussion; Questions	Emily S. Tonorezos, MD, MPH
5:40 – 6:00	National Cancer Institute Priorities on Cancer Survivorship Research	
5:40 - 5:55	NCI Office of Cancer Survivorship Research Priorities	
5:55 – 6:05	Q&A with Dr. Tonorezos	

## Program Chairs/Moderators

### **Steven Waggoner, MD**

Chief, Division of Gynecological Oncology  
University Hospitals Cleveland Medical Center  
(UHCMC)

**Anderson Family Master Clinician  
in Gynecologic Oncology  
Cleveland, OH**

### **Heidi Donovan, PhD, RN**

Professor of Nursing & Medicine  
Co-Director, National Center on Family Support  
University of Pittsburgh  
Director, Gynecologic Oncology Family CARE Center  
Magee Women's-Hospital of UPMC  
Pittsburgh, PA

## Speakers

### **Susan M. Bitting MSN, RN NE-BC, CVN-BC**

Nurse Manager Ahuja PACU  
Ahuja Dialysis Operations  
Ahuja Medical Center  
Beachwood, OH

### **Diane Rose**

Vice President of Volunteer Programs  
at FORCE: Facing Our Risk of Cancer Empowered

### **Kristine Zanotti, MD**

Associate Professor, Gynecologic Oncology  
Director of the Cancer Recovery and Survivorship Program  
Seidman Cancer Center and University Hospitals Cleveland  
Medical Center  
Cleveland, OH

### **Emily S. Tonorezos, MD, MPH**

Director, Office of Cancer Survivorship  
Division of Cancer Control and Population Sciences  
National Cancer Institute  
Rockville, MD





## SPEAKER SLIDE PRESENTATIONS

Thank you for registering for this symposium.  
You access a PDF version of all FINAL slide presentations presented at this symposium using the following link:

**<https://www.nrgoncology.org/Resources/Meetings/SymposiumSlides>**

Thank you for your continued support, have a great meeting!

## Faculty Bios - Program Chairs/Moderators



### **Steven Waggoner, MD**

Chief, Division of Gynecological Oncology  
University Hospitals Cleveland Medical Center (UHCMC)  
Anderson Family Master Clinician  
in Gynecologic Oncology  
Cleveland, OH

Dr. Waggoner is Chief, Division of Gynecological Oncology at University Hospitals Cleveland Medical Center (UHCMC), and the Anderson Family Master Clinician in Gynecologic Oncology. He serves as Principal Investigator for the NCI funded NRG Oncology clinical trials group at the Case Comprehensive Cancer Center (CCCC) and is Principal Investigator for the Gynecologic Oncology Foundation at UHCMC.

Dr. Waggoner is a member of the NRG Membership Committee, and Vice-Chair of the NRG Ancillary Projects Committee. His interests include gynecologic cancer survivorship, fertility preservation, tobacco associated cervical neoplasia, and the impact of gynecologic cancer on a patient's family and society.

He has been recognized as a Castle Connolly Top Doctor by his peers for over 20 consecutive years.



### **Heidi Donovan, PhD, RN**

Professor of Nursing & Medicine  
Co-Director, National Center on Family Support  
University of Pittsburgh  
Director, Gynecologic Oncology Family CARE Center  
Magee Women's-Hospital of UPMC  
Pittsburgh, PA

Dr. Donovan's research and practice is in the development of education and support programs for families facing cancer. Her program of research, funded by NINR, NCI, and ONS has tested innovative strategies and support systems to help families thrive while living with advanced cancer. She was the Study Chair and P.I. of GOG-259, a 3-arm RCT evaluating web-based symptom management interventions for women with recurrent ovarian cancer. She is currently the Principal Investigator and Co-Director of the first National Center on Family Support funded by the Administration for Community Living.

She is the co-founder and Director of the GynOnc Family CARE Center at Magee-Womens Hospital of the University of Pittsburgh Medical Center, where her team provides support and education to family caregivers of patients with gynecologic cancer.



## Faculty Bios - Speakers



### **Susan M. Bitting MSN, RN NE-BC, CVN-BC**

Nurse Manager Ahuja PACU  
Ahuja Dialysis Operations  
Ahuja Medical Center  
Beachwood, OH

Susan Bitting has been a practicing healthcare provider since 1983. Having obtained her BSN in 2015 and MSN in Nursing and Healthcare Management in 2018 from Kent State University, she has since moved on in her coursework and is a Doctoral Candidate in Health Systems Leadership at Cleveland State University. Susan is a nursing leader in a large healthcare organization in Cleveland Ohio currently working in the perioperative field. Sharing this information is important because she was also diagnosed with Ovarian Cancer in the fall of 2015 and considers herself an Ovarian Cancer Survivor and Thriver. Susan believes there are ways in which cancer patients can thrive and overcome the stress and anxiety surrounding this and other cancer diagnosis. Approaches such as incorporating health and wellness, spiritual awareness and surrounding oneself with family and a strong healthcare team is most important. Finding ways in which cancer patients can help others through their own journey is a valuable tool that fosters healing and is one in which Susan has incorporated into her own life as an Ovarian Cancer Survivor. In her spare time Susan enjoys exercise, boating and spending time with family.



### **Diane Rose**

Vice President of Volunteer Programs  
at FORCE: Facing Our Risk of Cancer Empowered

Diane Rose is Vice President of Volunteer Programs at FORCE: Facing Our Risk of Cancer Empowered. She is a dedicated and highly motivated advocate working to improve the lives of the millions of men, women and families facing breast, ovarian, pancreatic, prostate, colorectal and endometrial cancers, and includes people with a BRCA, ATM, PALB2, CHEK2, PTEN or other inherited gene mutation and those diagnosed with Lynch Syndrome. As a BRCA mutation carrier, she has a personal investment in this cause. Her personal story started as a caregiver for multiple family member whom had cancer diagnosis that prepared for her work in advocacy.

Diane has been a leader in growing the organization's volunteer team to over 300 men and women and developing and implementing VolunteerFORCE Academy training. This includes coordination and training consumers for involvement in all aspects of research advocacy including preparing volunteers to participate as consumer reviewers for Peer Review. Diane has placed advocates in roles with the Department of Defense Congressionally-Directed Medical Research Program, IRB panels, research advisory panels, guideline panels, and clinical trial study teams and for participation in national and local conferences.

Diane also focuses on developing, nurturing and expanding relationships and collaborations with other organizations. In May 2019, FORCE received a PCORI Engagement Award for Project COGENT: Customizing Consumer GENerated Tools to Engage Researchers in collaboration with the University of South Florida. As a Co-Investigator for this project, Diane is working with researchers to learn about preferences for patient engagement in order to make FORCE's engagement tools more responsive to their needs. Additionally, as co-investigator for FORCE's 2019 CDC-funded Project EXTRA: Expanding XRAYS ThRough Alliances, Diane is working with over 30 partners to assist in improving patient digital health literacy and connect young breast cancer survivors, women living with metastatic breast cancer, caregivers, community health workers, and health care providers to relevant information, national guidelines, clinical trials and supportive services.

Diane serves on the NRG Cancer Prevention and Control Committee, the Patient Advocate Committee and the Breast Committee.



### **Emily S. Tonorezos, MD, MPH**

Director, Office of Cancer Survivorship  
Division of Cancer Control and Population Sciences  
National Cancer Institute  
Rockville, MD

Dr. Tonorezos, serves as Director of the National Cancer Institute's Office of Cancer Survivorship. Dr. Tonorezos came to NCI from Memorial Sloan Kettering Cancer Center and the Weill Cornell Medical College, both in New York, NY, where she served as Director of the Adult Long-Term Follow-Up Program for survivors of childhood and young adult cancers. Her research focuses on cardiometabolic consequences of cancer therapy, childhood and young adult cancer survivorship, diet and nutrition, and care coordination for this population. She serves on the National Academy of Sciences, Engineering and Medicine Committee on Childhood Cancer and Disability; the Cancer Survivorship Committee, the Adolescent and Young Adult Task Force, and the Clinical Guideline Committee for the American Society of Clinical Oncology (ASCO); and the Metabolic Syndrome Guideline Committee for the Children's Oncology Group (COG). She is currently co-leader of the International Guideline Harmonization Group for the metabolic syndrome and led a recent international effort to develop recommendations for adult survivors of heritable retinoblastoma.

Dr. Tonorezos is a general internist, having earned her medical degree from the University of Rochester School of Medicine and masters in public health from the Johns Hopkins Bloomberg School of Public Health. She completed internal medicine residency and chief residency at Columbia University Medical Center, as well as a general internal medicine fellowship at the Johns Hopkins Hospital.



### **Kristine Zanotti, MD**

Associate Professor, Gynecologic Oncology  
Director of the Cancer Recovery and Survivorship Program  
Seidman Cancer Center and University Hospitals Cleveland Medical Center  
Cleveland, OH

We have accumulated a large body of data regarding about the physical, psychosocial and economic challenges that face cancer survivors after completion of their cancer therapies. Moreover, we have demonstrated the profoundly negative impact that these unmet needs can have on their oncologic and non-oncologic outcomes of our patients. Yet there remains uncertainty regarding how best to implement a survivorship program that measurably improves patients' quality of life while reducing their health risks going forward.

Dr. Kristine Zanotti, Associate Professor of Gynecologic Oncology and Director of Seidman Cancer Center's Cancer Recovery and Survivorship Program will discuss key elements of survivorship program design and implementation, describe metrics for program success and identify methods for demonstrating program value for patients, to payors and within your institution. She will discuss her experience designing, implementing and scaling a survivorship program at her home institution and compare elements of program design that may be considered for different patient populations and health care systems.

# SAVE THE DATE !!!!

## Session 2

### Virtual Symposium: *"Survivorship – Surviving and Thriving in the Shadow of Cancer"*

February 25, 2021 - 4:00 – 6:00 pm Eastern Time

#### PROGRAM DESCRIPTION:

**Program Chairs:** Co-Chairs: Steven Waggoner, MD and Heidi Donovan, PhD, RN

The Winter 2021 GOG Foundation, Inc. Educational Symposium is titled "Survivorship – Surviving and Thriving in the Shadow of Cancer" with noted Oncologists and Scientists serving as speakers and moderators. The targeted audiences are members and non-members of the NRG research teams to include: Gynecologic Oncologists, Medical Oncologists, Radiation Oncologists, Pathologists, Patient Advocates and others engaged in oncology research and/or clinical practice; Oncology Nurses, Nurse-practitioners, and other interested Allied Health professionals.

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#### LEARNING OBJECTIVES:

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1. Discuss the importance of addressing the physical, psychological and financial impacts of cancer across the survivorship trajectory.
2. Invite discussion of the impact of survivorship on family, and social network.
3. Discuss common survivorship concerns in gynecologic cancer and emerging data on best management practices.

Session 2:		
Time	TOPIC	SPEAKER/MODERATOR
4:00 – 5:15	Welcome & Survivorship Symposium Overview Part 2: Survivorship Research	Steve Waggoner & Heidi Donovan
4:05 – 4:25	Coming to terms with a new normal: Interventions to promote psychosocial health and well-being during survivorship.	Lari Wenzel, PhD
4:25 – 4:45	Interventions to promote sexual health and intimacy for gynecologic cancer survivors	Jeanne Carter, PhD
4:45 – 5:05	The Power of Physical Activity – The benefits of exercise across the survivorship trajectory	Karen Basen-Engquist, PhD
5:05 – 5:15	Panel Discussion/Q&A	Moderator: Heidi Donovan, PhD, RN
5:15 – 6:00	Financial Toxicity of Cancer	
5:15 – 5:30	Survivor Stories	TBD
5:30 – 5:50	Going for Broke: Addressing the Financial Toxicity of Cancer Treatment	Fumiko Chino, MD
5:50 – 6:00	Discussion/Q&A	